

The Garden of My Heart

Something that we find very helpful is to sit with the Holy Spirit and do a check up on the garden of our hearts. Ask Him what is happening in your heart's garden and then draw it, paint it, write it, whatever you feel led to do! This is an awesome thing to do each year as you walk with the Lord. You will see areas where the Father is pruning, where you are beginning to flourish, or where you need growth.

Questions

How is my inner garden looking? What season is it? Winter. Spring. Summer. Fall?

Where are some areas where weeds may have popped up?

Is there any pruning the Holy Spirit is wanting to do? If so, which areas? How can I help Him prune so its less painful?

Where are the areas my garden is flourishing?

How is the Holy Spirit asking me to be more intentional in my hearts garden?

Is there an area where I need to rely more on my God-given community?

What is a goal that I am working on in my hearts garden?

What am I believing about God and my relationship with Him in this season?

Scriptures

**Guard your heart above all else, for it determines
the course of your life**

Proverbs 4:23 NLT

**A good person produces good things from the
treasury of a good heart, and an evil person
produces evil things from the treasury of an evil
heart. What you say flows from what is in your
heart.**

Luke 6:45 NLT

**The Lord will guide you continually, giving you
water when you are dry and restoring your
strength. You will be like a well-watered garden,
like an ever-flowing spring.**

Isaiah 58:11 NLT

**Oh, the joys of those who do not follow the advice
of the wicked, or stand around with sinners, or
join in with mockers. But they delight in the law
of the Lord, meditating on it day and night. They
are like trees planted along the riverbank,
bearing fruit each season. Their leaves never
wither, and they prosper in all they do.**

Psalms 1:1-3 NLT

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When I see the garden of my heart, I see a beautiful water-fall. I know it's the Rivers of Living water that are flowing out of my life because of the Holy Spirit in me (John 7:38)

I also see a bench where I have a dedicated space to spend time with the Lord. I love that the bench is under the shade tree that shows I'm rooted in the word. I am an oak of righteousness planted! (Psalm 1) I see a tower of stones-An altar I'm building to remember His goodness-a story I can pass on to the generations. (Joshua 4)

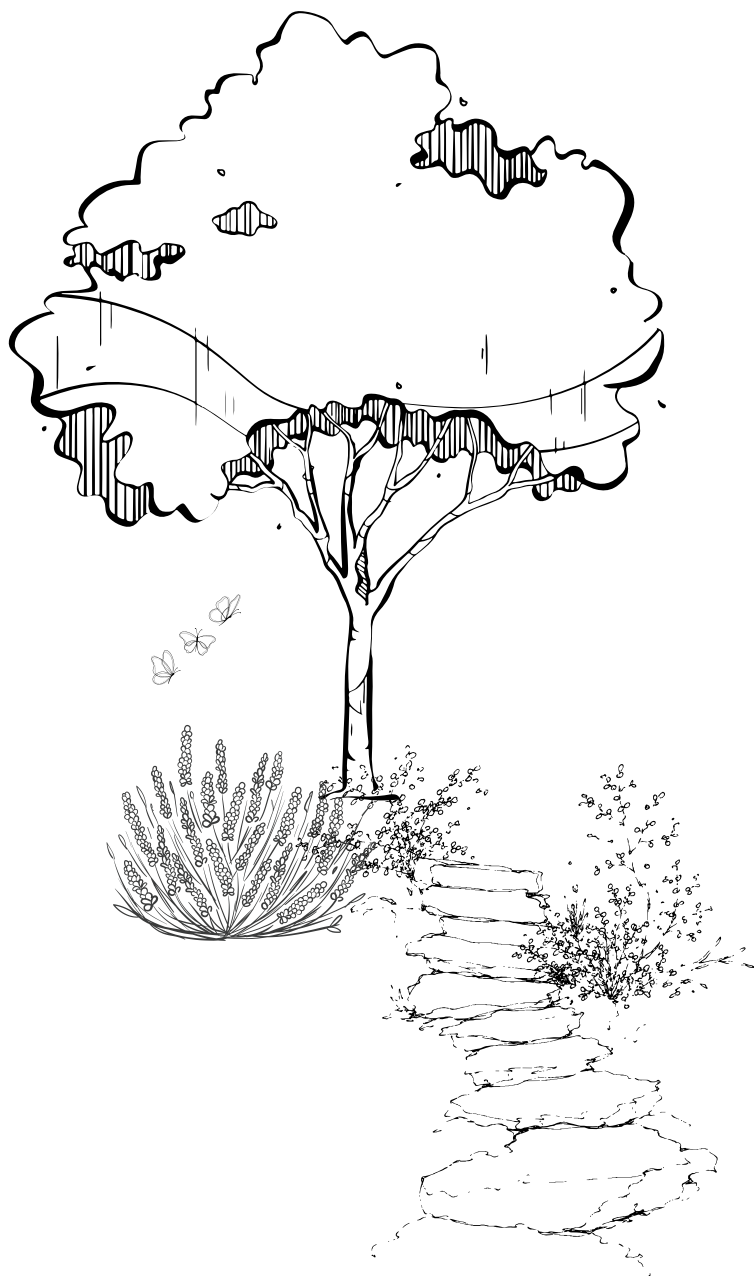
I see there are some weeds the Father is working on pulling out of my garden. I think the weeds are places in my heart where lies I'm believing about the Father have grown. I feel like He is asking me to trust His word more than my experiences. His word NEVER lies! I also see a fence I put up because my heart was hurt by someone. I see the Father wants to build the fence with me, not to keep people out but to keep relationships safe. Help me know how to build healthy boundaries, Holy Spirit.

I see the sunshine and know that I am living in the light of the Son. He is lighting up dark corners of my heart and exposing anything that is keeping me from flourishing!

I see beautiful flowers and know they are the fruits and gifts Holy Spirit has placed in me. They are beautiful and healthy because I am yielding to Him and He is producing goodness in my life! Areas that are sparser are because I'm still growing.

I think I need to lean more on my community by accepting help when I need it instead of feeling guilty for receiving. I see bees that seem like pollinators of the word in my life-preachers, teachers, people who are discipling me, people who are speaking into my life. Show me who those people are!

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